

## **YEAR 5 CLASS CAS PROJECT: COLLABORATION WITH GOOD SHEPHERD MARYMOUNT CENTRE**

Partnering with Good Shepherd Marymount Centre provided our class with a fruitful and rewarding experience. We were challenged to step outside our comfort zone and think creatively to develop a two-day Sport-Science camp for the children. Planning the camp within a short timeframe and effectively engaging the students during the camp itself was undoubtedly demanding. Nonetheless, driven by our commitment to creating a positive and memorable experience for the children, we successfully completed this CAS project. The camp not only highlighted the significance of teamwork but also our ability to adapt to unforeseen circumstances to meet the children's needs. Overall, it was a valuable experience as many of us had no prior experience in programme curation for children, and we gained numerous life skills that cannot be acquired in a classroom setting.

Alethea Lai Xinya

5.16 Ephesians



We can dance too!



Enjoying a game of Connect 4 with the children



Big Sisters leading the warm-up activities